

JESSI ANDRICKS
CCC-SLP, COACH, AUTHOR
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Credentials and Stats

- Masters of Science in Rehabilitation Sciences from Medical University of South Carolina
- Bachelors of Arts in Communication Sciences and Disorders from University of Florida
- Integrative health Coach through Institute for Integrative Nutrition
- Yoga teacher with 1000+ hours and 7+ years of teaching

As Seen In...



Clean Eating
THE HUFFINGTON POST

About JessiAndricks.com

JessiAndricks.com is a resource site for SLPs who want to live a more balanced life. All posts and articles offer actionable steps, real life stories and expert tips to create a more balanced, less overwhelming life as a kick-but SLP.



About Jessi

Jessi Andricks knows that being an SLP isn't always easy. After 4 years, she was overwhelmed, stressed and heading straight to burn out. There was no balance in her life and everyday was overwhelming, exhausting and challenging. There seemed to be no joy in the work she was doing and it trickled into every other aspect of her life. Finally, she threw in the towel, called it quits and followed her passion of nutrition, yoga and wellness coaching. After a few years, and a new perspective, she was ready to work as an SLP again, this time with the tools she needed to prevent any burn out. She now works in the field, as well as coaches others on how to find more balance in their lives as a kick-but, hard working SLP.

Jessi earned her Masters Degree in Speech Therapy from the Medical University of South Carolina. She is a trained Integrative Health Coach through the Institute for Integrative Nutrition, an E-RYT 200 hr Yoga Teacher and author of Detox 101 and The Smoothie Life. She has been featured in Yoga Magazine as well as on MindBodyGreen and the Huffington Post.



Services

Jessi is available for a variety of services. If interested, please contact her at jessi@jessiandricks.com

- One-on-One Coaching
- Online Coaching
- Public Speaking
- Webinars/CEUs
- Brand Collaborations
- Article Writing

